



SPORTSMANSHIP PROGRAM CHECKLIST

Sportsmanship is the ability to:

- Win without gloating
- Lose without complaining
- Treat your opponent with respect.

The RCBA has a Sportsmanship program again this season, simply to encourage positive and responsible conduct during games. Below is a checklist to use as a guideline when evaluating your opposing team, which includes all coaches, players and spectators:

SPORTSMANSHIP CHECKLIST:

1. My opposing team was on time ready to begin playing at the game's scheduled time.
2. My opposing team (coaches, players and spectators) were respectful to my team and the game officials.
3. The parents and spectators were good cheerleaders and applauded good plays, no matter who made them.
4. My opposing coach exemplified the RCBA core values: Fun, Fair Play and Development. He or she was not focused solely on the more talented players and allowed all members of the team to contribute.
5. My opposing team (coaches, players and spectators) was respectful of my team's effort. If they were out-performed they accepted it, learned from it, offered no excuses and moved on. If they out-performed my team, they enjoyed the victory, but did not gloat, did not belittle, and did not minimize my team's effort.
6. My opposing team (coaches, players and spectators) exhibited patience with each other, the game officials and my team.
7. My opposing team (coaches, players and spectators) had a good knowledge and understanding of the rules. When the rules were not clear to them they asked for clarification in polite and respectful manner.
8. My opposing team (coaches, players and spectators) managed to avoid arguments.
9. My opposing team (coaches, players and spectators) had a positive rapport with my team, each other and the game officials.
10. My opposing team ended the game smoothly regardless of the outcome. There was no pouting, cajoling, gloating or antagonistic emotions.

Sportsmanship ratings are scored out of 10. Please use the above checklist to help you evaluate your opposing team and give them an appropriate rating, then report that score to the referees. Any team given a rating of less than 5 out of 10 will be contacted by the office.